

# Spring 2025 – Recreation League

## Game Formats, FAQ's, and Field Locations

	Length	Players	Subs	Throw-Ins	Corners	Offsides	Goal Kick Build Out Line
League 1	4 Quarters 8 mins.	4 vs. 4 No GK	On the fly	Kick-in	No, Goal Kick	No	5 yards
League 2	4 Quarters 8 mins.	6 vs. 6 Including GK			Yes		
League 3	2 halves 25 mins.	9 vs. 9 Including GK	At stoppages	Yes	Yes	Yes, starts at build out line.	18 yards
League 4 Boys	2 halves 25 mins.	10 vs. 10 Including GK					
League 4 Girls	2 halves 25 mins.	8 vs. 8 Including GK					
League 5 Co-Ed	2 halves 25 mins.					Yes, starts at midfield	
League 5 Girls	2 halves 25 mins.						

### General Game Rules:

- 2 minute breaks between quarters, 4 minute breaks for games with halves
- Restarts after goals are always at midfield
- At their discretion, Referees and Coaches will enforce a build out line (usually at least 5-18 yards from the opposing team goal) and “no defender 3-10 yard zones” on restarts, to encourage positive play
- Ball Sizes:
  - 3 – Leagues 1 & 2
  - 4 – Leagues 3 & 4
  - 5 – League 5

## Gameday FAQ's:

- Equipment and Uniforms:
  - Home team: wear orange uniform, away team: wear white/gray uniform
  - Wear cleats, shin guards, black shorts, and your socks (pink or black)
  - Please refrain from wearing earrings and/or jewelry whenever possible. Use tape, band-aids, etc. to cover if necessary.
  - Bring a water bottle
- Arrive no earlier than 10 minutes before listed time, games start at listed time
- SYSO follows the Shelton School District Covid policies and reserves the right to enforce additional protocols, as may be recommended by public health organizations
- Walk around the fields and not through them whenever possible. Sit on the sidelines, not within the field.
- Adhere to the SYSO Code of Conduct
- Respect spectator areas and respect Coach/Player/SYSO staff only areas

### East Village Park Field Location:

100 East Village Road



### Nike Site Field Locations:

49 Mohegan Road (Street Parking at ~19 Abbey Road)



## Capewell Park Field Locations:

341 Nichols Avenue

